

## ABSTRACT

A method of reducing perceived pain resulting from puncturing of skin at a puncture site. A sensory distraction is generated at or adjacent the puncture site, and the skin is punctured at the puncture site simultaneously with or after the generation of the sensory distraction. Also, a device for penetrating the skin of a human or animal subject, including means for penetrating the skin at a puncture site, and means for generating a sensory distraction at or adjacent the puncture site. Furthermore, an endcap with penetration depth adjustability is provide that includes keepers for receiving new lancets tip-first for safety when reloading multi-use lancing devices.